


# RESTORE BALANCE THIS MORNING



Fuel your body with delicious SuperFoodsRx dishes packed with nutrients and energy. Antioxidant rich and naturally low in calories, our tempting selections make healthy meal impossible to resist.

## INVIGORATE

Market Fresh Fruits & Berries   
Low-fat yogurt, local honey -12.00 gf

House Granola   
Low-fat yogurt, local honey -10.00

Steel-Cut Oatmeal   
Dried fruit, toasted pecans -11.00

Breakfast Cereal  
Choice of milk -9.00


## REJUVENATE

French Toast  
Berry compote, cinnamon scented crème -14.00

Buttermilk Pancakes  
Banana, toasted pecans, warm maple syrup -14.00

## ENERGIZE

Juice -5.00  
Choice of orange, tomato, grapefruit, apple, cranberry, V8

SMK Blueberry Smoothie   
Blueberries, banana, apple juice, soy milk -8.00  
Add protein powder -3.00

Freshly Brewed Regular or Decaffeinated True Brew Coffee -5.00


Cappuccino -6.00

Latte -6.00

Espresso -5.00

Assorted Tazo® Teas -5.00

Milk -5.00

Regular, non-fat, 2%, soy, almond 

## WESTIN FRESH BY THE JUICERY

All juices and smoothies are served in an 8oz glass **gf**  
Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.

### JUICES:

Beet, carrot, kale, apple, lemon and ginger -8

Orange, grapefruit and lemon -8.00

\*Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness.



These nutritional powerhouse foods can help extend your health span—the extent of time you have to be healthy, vigorous and vital.” Dr. Steven Pratt, author of SuperFoods Rx: Fourteen Foods That Will Change Your Life

**gf** We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.

\*18% Gratuity will be add to parties larger than 6 ppl

\*Charge of \$3.50 for split orders

### SMOOTHIES:

Strawberries, banana, goji berries, coconut water -8.00

Blueberries, acai, banana, goji juice, coconut water -8.00

## INDULGE

Platinum Guest Continental Breakfast  
Choice of cereal, yogurt, muffin, danish -18.00

Alaskan Salmon Lox & Bagel   
Cream cheese, red onion, tomato, capers -17.00

The Classic\*  
Two farm fresh eggs any style, choice of bacon, ham, turkey sausage or sausage link, served with home-style potatoes & toast -16.00

Three Egg Omelet or All-Natural Egg White Omelet

Served with home-style potatoes and toast -16.00

Choice of three:

Cheddar	Provolone
Swiss	Bacon
Bell peppers	Sausage Link
Green Chile	Tomatoes 
Ham	Spinach 
Avocado 	Red onion 
Mushrooms	

### Breakfast Burrito

Scrambled eggs, bacon, breakfast sausage, home-style potatoes, cheddar, sour cream, green chile -14.00

### Classic Eggs Benedict\*

Poached farm fresh eggs, Canadian bacon, English muffin and hollandaise -19.00

## OPTIONS

Fresh Berries or Sliced Banana -8.00  **gf**

Low-Fat Yogurt  **gf**  
Choice of berry or plain -6.00

### Toast

Wheatberry, sourdough, rye, english muffin, plain bagels -4.00

Four Assorted Pastries Basket -9.00

Home-style Potatoes -5.00

Bacon, Ham, Turkey Sausage or Sausage Link -6.00